

Influenza (flu) Pandemics

An influenza pandemic is a global outbreak of a new flu virus that causes more illness and death than the seasonal flu.

Pandemics occur when a disease spreads across several countries and affects many people. For a disease to be considered pandemic it must be easily spread from person to person, cause serious illness, and the population has little or no immunity to it.

Your Community During a Pandemic



An influenza pandemic could cause more illness and death than the seasonal flu. Increased sickness would interrupt normal activities at work, home, and school.

How You Can Prepare for an Influenza Pandemic

Washing your hands regularly is one of the best ways to protect yourself from any sickness, including the flu. During an influenza pandemic you may need to stay in your home and avoid other people for a period of time. To prepare gather emergency supplies to keep in your home.



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