

# Free Parent & Tot Playtime

Recreation centers have free, open play times for parents or childcare providers and children. Children must be supervised by an adult at all times. There are no organized activities during open play times and you don't have to sign up to use the gyms.

**Days, hours, equipment and ages vary by location. Visit [stpaul.gov/tottimes](http://stpaul.gov/tottimes) for updated schedules.**

## **Arlington Hills**

1200 Payne Ave  
651-632-3861  
T, Th | 10 a.m. - Noon

## **Battle Creek**

75 Winthrop St South  
651-501-6347  
T, W, Th | 10:30 a.m. - 12:30 p.m.

## **Dayton's Bluff**

800 Conway St West  
651-793-3885  
W, F | 10 a.m. - Noon

## **Edgumbe**

320 Griggs St South  
651-695-3711  
M, W, F | 9:30 - Noon

## **El Rio Vista**

179 Robie St East  
651-789-2500  
Th | 10 a.m. - 12:30 p.m.

## **Frogtown**

237 Thomas Ave  
651-298-5820  
T | 10 a.m. - Noon

## **Groveland**

2021 St. Clair Ave  
651-695-3714  
M | 4 - 5 p.m.

## **Hayden Heights**

1965 Hoyt Ave East  
651-298-5716  
T, Th | 10 a.m. - Noon

## **Jimmy Lee/Oxford**

270 Lexington Pkwy North  
651-642-0650  
Th | 10 a.m. - Noon

## **Langford Park**

30 Langford Park  
651-298-5765  
F | 9:30 - 11 a.m.

## **Lindwood**

860 St. Claire Ave  
651-298-5660  
Th | 10 a.m. - 4 p.m.

## **Merriam Park**

2000 St. Anthony Ave  
651-298-5766  
W | 3 - 5 p.m.  
F | 1 - 3 p.m.

## **North Dale**

1414 St. Albans St North  
651-558-2329  
M, W | 9 a.m. - Noon

## **Palace**

781 Palace Ave  
651-298-5677  
Sa | 9 - Noon  
Su | 11 a.m. - Noon

## **Phalen**

1000 Wheelock Pkwy East  
651-793-6600  
W | 10 a.m. - Noon  
F | 1 - 2:30 p.m.

## **Rice**

1021 Marion St  
651-558-2392  
T | 11 a.m. - 1 p.m.

## **West Minnehaha**

685 West Minnehaha  
W, F | 10 a.m. - Noon



# Winter Physical Activity Guide

# Ready, Set, SNOW!!

## Swimming

Call for hours and prices.

### Highview Middle School Pool

2300 7th Street NW, New Brighton | 651-638-2130

### Maplewood YMCA Community Center

2100 White Bear Ave, Maplewood | 651-747-0922

### Oxford Community Center - Great River Water Park

270 N Lexington Pkwy, Saint Paul | 651-642-0650

### Shoreview Community Center

4580 Victoria St North, Shoreview | 651-490-4700

## Ice Skating - partial list

### Indoor

Call or visit [ramseycounty.us](http://ramseycounty.us) for "open skate" hours and prices. Starting in October.

**Aldrich Arena** | 651-748-2510

**Roseville Skating Center** | 651-792-7007

**Vadnais Sports Center** | 651-481-1000

### Outdoor

Call or visit [stpaul.gov](http://stpaul.gov) (search: ice rinks) for hours, times and warming house information.

**Battle Creek Recreation Center** | 651-501-6347

**Edgumbe Recreation Center** | 651-695-3711

**Groveland Recreation Center** | 651-298-5716

**Hayden Heights** | 651-695-3714

**Hazel Park** | 651-501-6350

**North Dale Recreation Center** | 651-558-2329

**Phalen Recreation Center** | 651-793-6600

## Sledding

Visit [stpaul.gov](http://stpaul.gov) (search: sledding hills) for all locations.

- Arlington/Arkwright
- Merriam Park
- Highland Park
- Prosperity Park

Visit [ramseycounty.us/parks](http://ramseycounty.us/parks) (look under: activities).

- Battle Creek Regional Park
- Vadnais-Snail Lakes Regional Park
- Tamarack Nature Center

## Shopping Malls

Call for hours.

### Indoor Walking

**HarMar Mall** | 651-631-0340

**Maplewood Mall** | 651-770-3863

### Play Centers

**Maplewood Mall** | Upper level - near food court

**Rosedale Mall** | 145 - lower level

## Libraries

Visit [website](http://website) for locations, storytimes and languages offered.

**Saint Paul** - [sppl.org/storytime](http://sppl.org/storytime)

**Ramsey County** - [rclreads.org](http://rclreads.org)

## Indoor Playgrounds

Call for days, hours and prices.

### New Brighton Community Center - Eagles Nest

400 10<sup>th</sup> St Northwest, New Brighton | 651-638-2130

### Shoreview Community Center - Playground

4580 Victoria St North, Shoreview | 651-490-4700

## Nature Centers & Zoos

Call for days, hours and prices.

### Tamarack Nature Center - Discovery Hollow Nature Play Area

5287 Otter Lake Rd, White Bear Township | 651-407-5350

### Tamarack Nature Center - Drop-in Discovery Stations

5287 Otter Lake Rd, White Bear Township | 651-407-5350

### Como Park Zoo & Conservatory

1225 Estabrook Dr, Saint Paul | 651-487-8201

### Minnesota Zoo - ask about *Free to Explore* program

13000 Zoo Blvd, Apple Valley | 952-431-9200

free with eWIC card | Parking \$7

## Museums

Call for hours and prices.

### Science Museum of Minnesota

120 W Kellogg Blvd, Saint Paul | 651-221-9444

Reduced fee with eWIC card

### Minnesota Children's Museum - ask about *Play for All* program

10 7<sup>th</sup> St West, Saint Paul | 651-225-6000