

Winter Fun



Think Small ParentPowered Texts

- Sign up for a weekly text with ideas, fun facts and easy tips on how you can help your child learn.
- thinksmall.org

Developmental Milestones

- Age related child milestones and parenting tips for helping your child develop.
- cdc.gov/ncbddd/actearly/milestones

Fall Fun

- Pick a location and look for activities and programs.
- stpaul.gov/fallfun

Tot Times

- Unstructured, drop-in playtime for children 5 years and younger and their caregivers.
- stpaul.gov/tottimes

YMCA

- Seven locations in Ramsey County.
- Choose a location, search for activities and programs.
- ymcamn.org

Saint Paul Winter Carnival

- January 23 - February 3, 2020
- wintercarnival.com

Easy Outside Activities

As the snow begins to fly, try to spend time each day helping your child enjoy the outdoors.

- Go for a winter walk.
- Build a snowman or snow animal.
- Make foot prints and shapes in the snow.
- Play with your beach balls, buckets and hand shovels.
- Pull a stuffed animal around in a sled.
- Walk to the closest park and swing.
- Practice throwing and catching.
- Look for small toys hidden in the snow.

Winter Resources



Coats for Kids

- Call for help with clothing.
- salvationarmynorth.org

Energy Assistance

- Assistance with home heating costs.
- caprw.org | online application
- 651-645-6470

Give Kids a Smile

- February 7-8, 2020
- Free dental care to children in need.
- mndental.org/events/give-kids-a-smile

Heat Share

- Salvation Army | 651-224-6946
- Last resort utility assistance.

Tax Time

- Prepare & Prosper | 651-287-0187
- Free tax preparation.
- Free financial services and coaching.
- prepareandprosper.org

Thanksgiving Groceries

- Union Gospel Mission | 651-228-1800
- Information on holiday meals and food programs.
- ugmtc.org

Toys for Tots

- Salvation Army | 651-746-3595
- Call after December 1, 2019.
- salvationarmynorth.org | Brighten the Holidays

Winter 2019-2020